

# CAL WOMEN'S GYMNASTICS

## 2007 POSTSEASON GUIDE



AAAI



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## 2007 Schedule

### January

19 at Oregon St. (21) L, 195.400-191.875

### February

4 Stanford (5) L, 196.075-189.925

9 at Arizona St. (21) L, 196.400-190.900

Oklahoma (9) L, 196.275-190.900

18 Washington L, 194.800-193.025

25 at UCLA (6) L, 196.250-192.450  
 Cal State Fullerton W, 192.450-191.925

Denver (11) L, 193.700-192.450

### March

2 Arizona L, 196.100-193.750

9 Penn W, 194.575-191.225

Air Force W, 194.575-183.500

16 at Denver L, 196.100-193.875

BYU W, 193.875-193.800

18 Air Force W, 191.725-185.600

23 at UC Davis W, 196.500-193.150

Sacramento State W, 196.500-195.150

San Jose State W, 196.500-194.500

31 at Pac-10 Champ. 7th, 193.650.

### April

14 NCAA Regional 6 p.m.

26 NCAA Championships TBA

27 NCAA Championships 7 p.m.

28 NCAA Championships 7 p.m.

For more information on California Golden Bears women's gymnastics visit:

[www.CalBears.com](http://www.CalBears.com)

## California Gymnastics Notes

Women's Gymnastics Host NCAA West Regional

### THIS WEEK

The California Golden Bear women's gymnastics team will host the NCAA West Regional at Haas Pavilion, on April 14 at 6 p.m. Five other teams and nine individuals will also compete at the Regional. The Bears advanced to the NCAA Regional by ending the season with an 193.775 regional-qualifying score. Cal last competed at the Pac-10 Championships in Tempe, Ariz., as it finished seventh with the score of 193.650. UCLA won the Pac-10 title with its score of 197.200.

### A QUICK GLANCE AT THE NCAA REGIONAL

Cal will join No. 6 Nebraska, No. 7 Utah, No. 18 Missouri, Washington, Sacramento State and nine individuals at the NCAA West Regional at Haas Pavilion. Six teams, five all-around competitors (who are not on a qualifying team) and one individual event specialist per event [who has a minimum regional-qualifying score (RQS) of 9.4] were named to each of the six regions. The top two teams and the top two all-around competitors (who are not on an advancing team) from each regional will receive an automatic berth to the national championships in Salt Lake City, Utah, April 26-28, hosted by the University of Utah.

### TICKETS:

Tickets for the NCAA West Regional are still available. To purchase prior to the event call 1-800-GO-BEARS or check out CalBears.com. Tickets will also be sold at the door, two hours prior to the competition thru the fourth rotation.

### CAL'S HISTORY AT THE REGIONALS:

California has appeared at an NCAA regional either as a team or individuals 26 times in its 30-year history. Like this year, the Bears have competed as a team 16 times. Individuals have represented Cal seven times in the NCAA regional. As a team, the Golden Bears have been in the top 5 nine times, with the team receiving a bid to the NCAA Championships only once, in 1992.

### LAST YEAR AT THE NCAA REGIONAL:

The lone participant for California in the NCAA West Regional hosted at Stanford's Maples Pavilion was senior Britani Pittullo. Pittullo earned a 38.300 in the all-around competition, finishing 11th to end her amazing career at Cal. Pittullo opened on the bars in the third rotation scoring a 9.650. The Rancho Cucamonga, Calif., native moved onto the beam in the fourth rotation collecting a 9.700. In the fifth rotation, Pittullo earned a 9.775 on the beam, her second-highest score of the season, tying her in 16th overall. In the sixth and final rotation, Pittullo tallied a 9.175 on the vault.

### Troester Coaches Poll

1	Florida	197.435
2	Georgia	197.420
3	Alabama	197.170
4	Stanford	196.855
5	LSU	196.800
6	Nebraska	196.685
7	Utah	196.670
T8	UCLA	196.600
T8	Oregon State	196.600
10	Oklahoma	196.335
11	Penn State	196.285
12	Michigan	196.225
13	Arkansas	196.135
14	Denver	196.080
15	Arizona	195.995
16	Iowa State	195.855
17	Auburn	195.700
18	Missouri	195.660
19	Michigan State	195.520
20	Illinois	195.235
21	Ohio State	195.215
22	North Carolina State	195.160
23	BYU	194.890
24	West Virginia	194.860
25	Minnesota	194.775

**RANKINGS:** Unlike other collegiate athletic rankings, collegiate gymnastic rankings are not based on wins and losses or votes. Gymnastic teams are ranked by their meet scores alone. Teams will be ranked by their highest score from Jan. 9-16. From Jan. 23-Feb. 13, teams will be ranked by their total season average. Starting Feb. 20, teams and gymnasts will be ranked by Regional Qualifying Score (RQS). A Regional Qualifying Score is based on a team's top-six regular-season scores, with three scores coming from away meets. To obtain the regional qualifying score, the team's or gymnast's highest score is dropped and the remaining five scores are averaged.

### HAAS = NCAA

The last time Cal hosted the NCAA West Regional was in 1992, as Pam Burgess' team finished third overall with its score of 192.10, advancing as a team for the only time in school history to the NCAA Championships. The Bears finished eighth out of 12 teams at the NCAA Championships and Kristen Smyth earned three individual All-American honors at the event.

### THE RANKINGS

The Golden Bears are ranked 37th in this week's Troester Poll. The Bears also rank 27th on the vault (48.860 V RQS), 40th on the bars (48.545 UB RQS), 32nd on the floor (48.785 F RQS). Cal did receive votes in the Troster Preseason Coaches poll. About the rankings: Unlike other rankings, college gymnastics rankings are not based on wins or losses or votes. The teams are ranked by their meet scores alone.

### LAST TIME IN THE GYM

The California women's gymnastics team wrapped up the Pac-10 Championships with a 193.650, in seventh place in Tempe, Ariz. UCLA won the championship with a final score of 197.200. **Jessica Kelley** finished the all around in 16th place after scoring a 38.900 in the event. Kelley vaulted a 9.800, collected a 9.750 on the bars, 9.625 on the beam and a 9.725 on the floor. Siobhan Luce scored a 38.525 in the all-around. Cal got off to a good start on the vault, posting a 48.825. Kelley matched her career-high 9.800 on the vault. She has notched the mark for the last three consecutive meets. **Isabel Garcia** hit a 9.800, as freshman **Sophia Hocini** scored a 9.775. The Bears struggled a bit on the bars. However sophomore **Lydia Williams** continued her success on the event scoring a 9.850, tying for 10th place. Kelley and sophomore **Bridgette Glass** each scored a 9.750 on the apparatus. On the beam, Hocini notched her career-best 9.750. Junior **Keiko Nakamura** scored a season-high 9.650 on the beam. Cal continued its strength on the floor, collecting a 48.650 team score. Garica scored a team-high 9.775 in the event. Senior **Elyse Wong** matched her season high of 9.725, as both Kelley and junior **Allison Szutu** also recorded a 9.725.

### SCOUTING THE NCAA WEST REGIONAL NO. 6 NEBRASKA

The sixth-ranked Cornhuskers bring a load of talent to the West Regional. Nebraska ranks sixth on the vault, seventh on the bars, sixth on the beam and fifth on the floor. Co-Big 12 Gymnast of the Year and seven-time All-American Emily Parson ranks first nationally on the beam, second nationally on the vault and third on the floor.

### NO. 7 UTAH

One of the most nationally recognized gymnastics program, the seventh-ranked Utah Utes will challenge for a bid to the NCAA Championships they are hosting in two weeks. Ten-time All-American Ashley Postell currently ranks No. 9 nationally in the all-around competition. Postell a season-high of 39.550 in the all-around competition, twice during the season. The Utes rank nationally fourth on the vault, third on the bars, seventh on the beam and 11th on the floor.

### NO. 18 MISSOURI

The 18th-ranked Missouri Tigers enter Saturday's competition 21st on the vault, tied for 17th on the bars, 20th on the beam and tied for 22nd on the floor. Adrienne Perry will enter the West Regional as the nation's 10th-ranked all-around competitor and is tied for 14th on vault, 30th on beam and 33rd on floor.

## WASHINGTON

The Washington Huskies are familiar with Haas Pavilion, as they picked up a 194.800-193.025 decision over the Bears on Feb. 18. The Huskies rank fourth in the Pac-10 on the vault and fifth on the floor in the conference. Ashley Houghting ranks 10th in the west regional. Houghting is fifth nationally on the vault, as she tied for first at the Pac-10 Championship on the apparatus.

## SACRAMENTO STATE

The Hornets of Sacramento State won their second straight WAC title, setting their season-high team score of 195.275. The team also set a school-record 49.325 on the beam. Marina Borisova currently ranks first in the WAC in the all-around competition; however Borisova finished second at the WAC Championships with her score of 39.275.

## MAKING HISTORY

At the UC Davis quad meet, the Bears scored the second-best team score in school history of 196.500. Not since the 2004 season has Cal hit the 196.000 mark. In 2004, Cal last notched its best score in history of 196.800 on March 12, 2004 against Ball State. Cal first reached the 196.800 mark in 2003 in a meet against Arizona. Also at the UC Davis meet this past weekend Cal scored its third-highest marks in school history on the bars (49.325) and beam (49.225).

## SIX STARS

In California women's gymnastics history a 196.000 or higher has only been accomplished six times after last weekend's record-setting performances. The last to come was the 196.800 (highest) set against Ball State in 2004. During the 2003 season, Cal notched three of these feats posting a 196.800 against Arizona, 196.475 against Washington and Sacramento State, a 196.375 against Boise State. CS Fullerton, UC Davis. The Bears also recorded a 196.075 against Stanford during the 2001 season. Head coach Cari DuBois has overseen five of the six 196.000 or higher.

## BEAMING

After starting out the season rocky on the beam, the Bears have continued to improve and collected a near perfect-performance at the UC Davis quad meet, as Cal score its third-best score in school history of 49.225. Freshman **Sophia Hocini** recorded her career-high of 9.725 on the beam, as **Tiffany Tam** also notched her career-high of 9.825. **Siobhan Luce** posted her career best mark on the apparatus of 9.875. Both sophomore **Bridgette Glass** and **Jessica Kelley** each scored a career-high 9.900, winning the competition.

## PERFECTING THE VAULT

Already this season, Cal has notched eight meets over 48.800 on the vault. The Golden Bears have also tallied their best scores on the vault since the 2004 season. The Bears rank No. 5 on the vault in the west region and 27th nationally in the event. Cal notched its best score this season of 48.950 in the tri-meet against Air Force and Penn. Senior Isabel Garcia scored her career high of 9.925, winning the event. Against Arizona, Cal notched a 48.825. Sophomore **Bridgette Glass** won the individual title after posting her career-best 9.875. In the UCLA quad meet Cal posted a 48.875 in the event. Junior **Allison Szutu** collected a career high of 9.850; her previous career high was 9.675, set twice in 2005.

## 9.9 AND RISING...

The Bears continue to post those record breaking scores over 9.900. Four gymnasts have hit a 9.900 or higher on the different events throughout the season. Sophomore **Bridgette Glass** scored two 9.900 (on the bars and beam) at the UC Davis quad meet. Glass is the first Golden Bear gymnast to post two 9.900 in the same competition since Stephanie Kim

## Pac-10 Meet Lineup

### Vault

Allison Szutu  
Siobhan Luce  
**Jessica Kelley**  
Bridgette Glass  
**Isabel Garcia**  
Sophia Hocini

### Bars

Joanna Bennett  
Jessica Kelley  
Siobhan Luce  
Nicki Wells  
Bridgette Glass  
**Lydia Williams**

### Beam

**Sophia Hocini**  
Keiko Nakamura  
Tiffany Tam  
Siobhan Luce  
Bridgette Glass  
Jessica Kelley

### Floor

Elyse Wong  
Justine Cephus  
Siobhan Luce  
Allison Szutu  
**Isabel Garcia**  
Jessica Kelley

### All-Around

**Jessica Kelley**  
Siobhan Luce

**Bold - highest scorer**

## CAL at the Regional Championships

Year	Finish
1983	7th
1984	5th
1985	individuals
1986	6th
1987	6th
1988	individuals
1989	7th
1990	T5th
1991	2nd
1992	3rd
1993	individuals
1994	5th
1995	5th
1996	7th
1997	6th
1998	6th
1999	individuals
2000	individuals
2001	5th
2002	individuals
2003	4th
2004	5th
2005	individuals

## Cal Individuals at the NCAA Championships

Year	Name	Event	Score	Finish
2003	M.Dodd	Bars	9.775	13th
		Vault	9.700	25th
		Floor	9.750	28th
		Beam	9.200	39th
		AA	38.425	23rd
1994	C. Kwok	AA	27.525	71st
1992	K. Smyth	AA	38.775	9th
		M. Goyer	Beam	9.750
	C. Tom	Beam	9.725	12th
1991	K. Smyth	AA	36.795	43rd
1990	C. Tom	Bars	9.775	11th
1986	E. Wood	AA	36.400	27th
1985	E. Wood	AA	35.600	36th
1984	E. Wood	AA	36.250	21st

notched a 9.950 on the bars and a 9.925 on the beam on March 12, 2004 against Ball State. Also on Friday night at the UC Davis quad meet, **Jessica Kelley** notched her first career 9.900 on the beam, tying with Glass to win the event. Also scoring over a 9.900 during the tri-meet against Penn and Air Force, senior **Isabel Garcia** scored a 9.925 on the vault, the first since Monique Chang collected the score at Stanford on Feb. 20, 2004. In the same meet, **Lydia Williams** scored a 9.900 on the bars, the first since last season when Britani Pittullo notched the mark last season at George Washington on March 12, 2006.

## BOMP BOMP

Sophomore **Jessica Kelley** is bumping her way into the regional championships. At the Pac-10 Championship, Kelley notched a 38.900 and matched her career-high 9.800 on the vault. A week earlier Kelley won the all around competition after tallying her career high of 39.450 at the UC Davis quad meet. This was the first time since My-Lan Dodd notched a 39.575 in 2004 against Ball State a Cal gymnast scored a 39.400 or higher. The Los Altos, Calif., native put together a stellar performance, scoring a 9.800 on the vault, 9.875 on the bars, 9.900 on the beam and 9.875 on the floor. The 9.900 on the beam was Kelley's first 9.900 she scored as a Cal gymnast in any event. Kelley was also the second gymnast to score a 9.875 on the floor this season. Senior Isabel Garcia also notched the number in the UCLA quad meet.

## FRESH HOCINI

**Sophia Hocini** leaped her way into the record book against Air Force. The freshman scored a 9.875 in only her fourth collegiate vault attempt. Hocini's vaults have gotten progressively better throughout her vaulting attempts. In her first attempt against Arizona Hocini tallied a 9.575 and against Air Force and Penn she notched a 9.625. Hocini then collected a 9.775 at the Denver and BYU meet before setting her career best against Air Force. Also at the UC Davis quad meet Hocini scored her career high on the beam, posting a 9.725 in only her fourth collegiate attempt on the apparatus.

## GRACEFUL GARCIA

Senior **Isabel Garcia** has vaulted over a 9.700 on the vault in her last 19 consecutive competitions. This dates back to last year's meet against UCLA, Sacramento State and UC Davis on Feb. 10, when Garcia notched at 9.750. In Cal's final home meet this season, Garcia scored a career-best 9.925 winning the event and etching her name in the Cal record books. This was the first 9.925 on the vault since Monique Chang collected the score at Stanford on Feb. 20, 2004. Against Arizona, Garcia tied with teammate **Jessica Kelley** for the floor individual title with her 9.850. Garcia now ranks No. 17 in the West region on the vault with her regional qualifying score of 9.805.

## BREAKING GLASS

Sophomore **Bridgette Glass** continues to post flawless performances. After being sidelined for the majority of last season, Glass has competed for the first time in her career in the all-around competition in the UCLA quad-meet. She had a solid performance posting a career-best 38.950 in the event. This past weekend at the UC Davis quad meet, Glass notched two 9.900, one on the beam and another on the bars. Glass had previously notched a 9.900 on the beam against Arizona. Also in the Arizona meet, she scored her career-high 9.875 on the vault and her career best on the floor of 9.825.

## GETTING LUCE

As the season progresses **Siobhan Luce** continues to wow judges with her performances. The junior notched her career-best in the all around of 39.225 at the UC Davis quad meet. She put together a solid performance scoring her career-highs on the beam (9.875) and on

the floor (9.775). She finished the competition in third. The native of Reno, Nev., previously had posted her career-highest all-around score of 39.075 against Arizona. Against the Wildcats, Luce notched career-best on the beam (9.800) in addition to tallying a 9.775 on the vault, 9.750 on the bars and 9.775 on the floor. Luce finished third overall in the competition.

## **WONDERFUL WILLIAMS**

After being sidelined at the beginning of the season, sophomore **Lydia Williams** continues to elevate her performance on the bars. At UC Davis Williams matched her career high of 9.900 on the bars she originally scored in the tri-meet against Penn, Air Force. This was the first 9.900 on the bars since former Bear Britani Pittullo notched the mark last season at George Washington (March 12, 2006).

## **SIGNAGE**

In November, head coach Cari DuBois announced the signing of **Stefanie Cheng** (San Jose, Calif./Saint Francis High School) and **Avery Gee** (Los Altos, Calif./Los Altos High School). Both will attend the University of California in the fall of 2007.

## **COACHES**

In her fifth year at California, head coach **Cari DuBois** has already reshaped the women's gymnastics program from the day she arrived on campus. DuBois has posted a 43-49 (47 win. percentage) record at Cal. Also she was named the 2003 Pac-10 Co-Coach of the year and the 2003 West Regional Coach of the Year. In her short tenure, DuBois has guided the Bears to their first back-to-back dual-meet winning seasons since 1991-92 and led the 2003 Cal team to its highest NCAA Regional finish (fourth) since 1992. A year later, Cal finished fifth at the NCAA Regional, the program's best back-to-back postseason showings since 1991-92. Prior to coming to Berkeley, DuBois worked as an assistant for nine years (six at West Virginia and three at Cal under Alfie Mitchell). DuBois also has spent time instructing and choreographing routines at several gymnastics camps and clubs nationwide. DuBois graduated from Ball State in 1992 with a degree in exercise science and wellness and holds a master's degree in athletic coaching from West Virginia. **Scott Ryan**, in his second year at Cal, was hired in August 2005 to assist DuBois. Ryan served as the director and head coach at Aztec Gymnastics in San Diego, Calif., prior to his hiring at Cal. While at Aztec Gymnastics, Ryan led his teams to 33 state and regional championships in the state of California and national championships in both the United States and Mexico. Also, 18 of his gymnasts earned college gymnastics scholarships. **Mike Lynch**, is in his first year as a volunteer coach for the Golden Bears.

## **UP NEXT**

Depending on the outcome of the NCAA West Regional, Cal could advance if it places in the top two teams. Individuals can also advance to the NCAA Championships in Salt Lake City, Utah, on April 26-28.

## 2007 California Women's Gymnastics

<b>Name</b>	<b>Event(s)</b>	<b>Yr.</b>	<b>Ht.</b>	<b>Hometown (High School/Club)</b>
Joanna Bennett	AA	So.	5-7	Healdsburg, Calif. (Healdsburg HS/Cal West Gymnastics)
Nicola Cashman	AA	Fr.	5-6	El Dorado Hills, Calif. (Oak Ridge HS/Byers)
Justine Cephus	AA	Sr.	5-0	Los Angeles, Calif. (Beverly Hills HS/All-Olympians Gymnastics)
Nicole Day	AA	Fr.	5-6	Cerritos, Calif. (Richard Gahr HS/SCATS)
Isabel Garcia	V/BB/FX	Sr.	5-2	Fair Oaks, Calif. (St. Francis HS/Technique Gymnastics)
Bridgette Glass	AA	So.	5-0	Oakley, Calif. (Freedom HS/Golden Gate Gymnastics)
Sophia Hocini	AA	Fr.	5-2	Murrieta, Calif. (Murrieta Valley HS/SCEGA)
Jessica Kelley	AA	So.	5-3	Los Altos, Calif. (Homestead HS/Airborne Gymnastics)
Siobhan Luce	AA	Jr.	5-5	Reno, NV (Galena HS/Flips USA)
Keiko Nakamura	AA	Jr.	4-11	Chula Vista, Calif. (Bonita Vista HS/Sea Winds Gymnastics)
Vanna Rocchi	UB	So.	5-4	Oroville, Calif. (Oroville HS/Oroville Gymnastics)
Alli Szutu	AA	Jr.	5-3	Castro Valley, Calif. (Castro Valley HS/Airborne Gymnastics)
Tiffany Tam	AA	So.	5-4	San Jose, Calif. (Independence/West Valley Gymnastics)
Nicki Wells	AA	Jr.	5-4	Auckland, New Zealand (Westlake Girls School/North Harbour Club)
Lydia Williams	AA	So.	5-7	Toronto, Canada (Northview Height/Sports Seneca Gymnastics)
Elyse Wong	AA	Sr.	5-1	Honolulu, Hawaii (Punahou HS/Kokokahi Gymnastics)
Kendall Zdvorak	AA	So.	5-4	Temecula, Calif. (Temecula Valley HS/SCEGA Club)

**Head Coach:** Cari DuBois (Ball State '92, 5th season)

**Assistant Coach:** Scott Ryan (West Virginia '83, 2nd season)

### Pronunciation Guide

Justine Cephus:	SEE-fuss
Siobhan Luce:	SHIV-on loose
Keiko Nakamura:	KAY-ko NAHK-a-muh-ra
Vanna Rocchi:	Raw-KEE
Allison Szutu:	ZU-tsu
Cari DuBois:	CARE-ee doo-BWAH

**2007 CALIFORNIA WOMEN'S GYMNASTICS TEAM RESULTS/SCORES**  
**OVERALL RECORD: 8-9 PACIFIC-10 CONFERENCE: 0-6**

**MEET-BY-MEET SCORES/RESULTS**

Date	Cal Score	Opponent	Opponent Score	W/L	Cal Record	Pac-10 Record
January 19	191.875	at Oregon State	195.400	L	0-1	0-1
February 4	189.925	Stanford	196.075	L	0-2	0-2
February 9	190.900	at Arizona State	196.400	L	0-3	0-3
	190.900	Oklahoma	196.275	L	0-4	0-3
February 18	193.025	Washington	194.800	L	0-5	0-4
February 25	192.450	at UCLA	196.250	L	0-6	0-5
	192.450	Denver	193.700	L	0-7	0-5
	192.450	Cal State Fullerton	191.925	W	1-7	0-5
March 2	193.750	Arizona	196.100	L	1-8	0-6
March 9	194.575	Air Force	183.500	W	2-8	0-6
	194.575	Penn	191.225	W	3-8	0-6
March 16	193.875	at Denver	196.100	L	3-9	0-6
	193.875	BYU	193.800	W	4-9	0-6
March 18	191.725	at Air Force	185.600	W	5-9	0-6
March 23	196.500	at UC Davis	193.150	W	6-9	0-6
	196.500	Sacramento St.	195.150	W	7-9	0-6
	196.500	San Jose State	194.500	W	8-9	0-6
March 31	193.650	at Pac-10 Champ.	197.200 (UCLA)	L	8-16	0-6
March 14	--	NCAA Regional	--	--	--	--
April 26-28	--	at NCAA Champ.	--	--	--	--

**CAL EVENT-BY-EVENT TEAM SCORES**

OPPONENT	VAULT	BARS	BEAM	FLOOR	TOTAL
Oregon State	48.475	47.975	46.825	48.600	191.875
Stanford	47.825	47.025	46.750	48.325	189.925
Arizona State	47.950	47.425	47.475	48.050	190.900
Washington	48.775	48.225	47.225	48.800	193.025
UCLA	48.875	48.225	47.375	47.975	192.450
Arizona	48.825	47.775	48.325	48.825	193.750
Air Force/Penn	<b>48.950</b>	49.000	47.770	48.925	194.575
Denver/BYU	48.875	48.950	47.325	48.725	193.875
Air Force	48.875	47.825	46.825	48.200	191.725
UCD/SS/SJS	48.850	<b>49.325</b>	<b>49.225</b>	<b>49.100</b>	<b>196.500</b>
Pac-10 Championships	48.825	48.325	47.850	48.650	193.650
NCAA Regional	--	--	--	--	--
NCAA Championships	--	--	--	--	--
<b>Season Team Best</b>	<b>48.895</b>	<b>49.325</b>	<b>49.225</b>	<b>49.100</b>	<b>196.500</b>
<b>All-Time Team Best</b>	<b>49.375</b>	<b>49.550</b>	<b>49.300</b>	<b>49.425</b>	<b>196.800</b>

## 2007 California Women's Gymnastics Meet Recaps

<b>Meet One</b>	
<b>Oregon State (21)</b>	<b>195.400</b>
<b>California</b>	<b>191.875</b>
<b>Gill Coliseum</b>	
<b>January 19, 2007</b>	

The California women's gymnastics team fell to No. 21 Oregon State, 195.400-191.875, in Corvallis, Ore., in the first meet of the 2007 season. Sophomore Jessica Kelley posted a 38.625 in the all-around competition to finish third. Kelley tallied a career-high 9.850 on the floor and matched her career-high of 9.650 on the beam. She also set her season-highs on the vault (9.475) and bars (9.650). The Bears lit up the floor, tallying a 48.600. Kelley's 9.850 was a team-high, however, senior Isabel Garcia collected a 9.775 in her first time on the floor this season. Sophomore Joanna Bennett recorded a 9.700, senior Elyse Wong posted a 9.675 and Nicki Wells collected a 9.600 in the event also. On the vault, Garcia recorded a 9.825 to finish second. Junior Allison Szutu matched her career-high on the vault with her score of 9.675. Also Bennett posted a career-high 9.650 in the event. Sophomore Bridgette Glass collected a 9.725 on the bars, as Bennett tallied a 9.750 in the event, to tie for third.

<b>Meet Two</b>	
<b>Stanford (5)</b>	<b>196.075</b>
<b>California</b>	<b>189.925</b>
<b>Haas Pavilion</b>	
<b>February 4, 2007</b>	

The California women's gymnastics team couldn't get past the powerful No. 5 Stanford Cardinal, falling 196.075-189.925, at Haas Pavilion. In the all-around competition, junior Siobhan Luce finished third, after she scored a 38.600. During the meet she set season-highs on the bars (9.775, third), on the beam (9.675) and on the floor (9.600). She scored a 9.550 on the vault. On the floor, senior Justine Cephus set her career-high of 9.725. Cephus also notched her season-best of 9.675 on the beam. Senior Isabel Garcia was Cal's highest finisher on the vault, scoring 9.750. Garcia also scored a 9.700 on the floor exercise. Senior Elyse Wong set her career-high on the bars, with her score of 9.275. She also tallied her season-high of 9.725 on the floor.

<b>Meet Three</b>	
<b>Arizona State (21)</b>	<b>196.400</b>
<b>Oklahoma (9)</b>	<b>196.275</b>
<b>California</b>	<b>190.900</b>
<b>Wells Fargo Arena</b>	
<b>February 9, 2007</b>	

The California women's gymnastics team fell to No. 21 Arizona State and No. 8 Oklahoma in Tempe, Ariz., in Arizona State's UNO's Classic. Arizona State won the meet with its score of 196.400. The Sooners were second with their team score of 196.275. Cal finished the meet third, with the score of 190.900. The Golden Bears continued their strength on the floor this season, posting a team score of 48.050, marking their third straight meet with a score of 48.000. Senior Justine Cephus scored a team-high 9.700 in the event. Senior Elyse Wong posted a 9.625, while junior Nicki Wells was credited with a 9.600. On the vault, senior Isabel Garcia showed her dominance in the event with her team-high 9.725 in the event. Both junior Siobhan Luce and sophomore Bridgette Glass scored a 9.650 also on the vault. Sophomore Jessica Kelley posted a 9.750 on the beam, as Wong notched a 9.725 in the event.

## 2007 California Women's Gymnastics Meet Recaps

<b>Meet Four</b>	
<b>Washington</b>	<b>194.800</b>
<b>California</b>	<b>193.025</b>
<b>Haas Pavilion</b>	
<b>February 18, 2007</b>	

<b>Meet Five</b>	
UCLA (6)	196.250
Denver (11)	193.700
California	192.450
Cal State Fullerton	191.925
<b>Paulay Pavilion</b>	
<b>February 25, 2007</b>	

<b>Meet Six</b>	
<b>Arizona (17)</b>	<b>196.100</b>
<b>California</b>	<b>193.750</b>
<b>Haas Pavilion</b>	
<b>March 2, 2007</b>	

The California women's gymnastics team fell short against Washington in the first annual Flip for a Cure. Washington won the meet, 194.800-193.025 at Haas Pavilion. The Golden Bears posted their season-best score of the season in all four events. In the all-around competition, Luce tabulated a career-high 38.925, finishing second in the competition. Luce matched her career-high on the vault with a score of 9.850. Luce also posted a 9.675, matching her career-high on the beam. She also recorded a season-high 9.700 on the floor and a 9.700 on the bars. As a team Cal got off to a quick start on the vault, scoring its season-best 48.775 in the event. All of the gymnasts either scored their career-highs or season-highs. Both senior Isabel Garcia and Luce matched their career-highs. Garcia notched a 9.825, as Luce posted a 9.850. Junior Allison Szutu scored her career-best 9.775, and sophomore Bridgette Glass collected her career-high of 9.675. Sophomore Jessica Kelley recorded her season-high of 9.650, while senior Justine Cephus also posted her season-high (9.575). The Golden Bears continued their dazzling performances, as the team posted its season-best on the bars with a score of 48.225. Kelley (9.675), Szutu (9.700) and junior Nicki Wells (9.750) all posted season-highs. On the beam, Glass notched her career-high with a 9.800 in the event. Luce matched her season-high with a 9.675. The Bears also recorded their season-best on the floor, with a 48.800. Cephus scored her career-high on the floor, with the score of 9.800. Luce (9.700) and Szutu (9.675) both scored their season-highs, while Garcia matched her season-high of 9.775.

After one of their best performances last week against Washington, the California women's gymnastics team kept up the pace, but finished third behind No. 6 UCLA (196.250) and No. 11 Denver (193.700). However, the Bears did defeat Cal State Fullerton, 192.450-191.925, picking up their first victory of the season in Los Angeles. Sophomore Bridgette Glass competed in the all-around competition for the first time in her Cal career. Glass posted a team-best all-around score of 38.900. The Oakley native notched career-highs on the vault (9.825) and bars (9.850). She also collected a 9.725 on the beam and a 9.550 on the floor. Glass placed fourth in the competition. Cal recorded their season-best vault score of 48.875 in the quad-meet. Three Bears notched their career-best in the event. Senior Isabel Garcia (9.875), junior Allison Szutu (9.850) and Glass (9.825). Besides on the vault, Szutu also put together solid performances on the bars (9.625) and the floor (9.625). On the bars, sophomore Lydia Williams scored her season-best mark of 9.825 in the event.

The California women's gymnastics team posted their season-best score, but stumbled in the end, falling to No. 17 Arizona, 196.100-193.750 in Berkeley, Calif. In the all-around, junior Siobhan Luce scored a career-high 39.075. Luce vaulted a 9.775 and scored a 9.750 on the bars. She notched her career-high on the beam of 9.800 and Luce also matched her career-high on the floor of 9.750. Sophomore Bridgette Glass scored a career-high 9.900 on the beam. This was the first time since 2004, a Cal gymnast has scored a 9.9 or higher on the beam. As a team, Cal posted its best beam score of the season with a 48.325. For her first attempt on the beam, sophomore Joanna Bennett notched a career-high 9.725. Junior Siobhan Luce a career-high of 9.80. Sophomore Jessica Kelly also tallied a 9.675. The Bears also notched their season best performance on the floor with a 48.825. Both senior Isabel Garcia and Kelley notched a 9.850, matching their career-highs. Nicki Wells collected 9.700.

## 2007 California Women's Gymnastics Meet Recaps

<b>Meet Seven</b>	
<b>California</b>	<b>194.575</b>
<b>Penn</b>	<b>191.225</b>
<b>Air Force</b>	<b>183.500</b>
<b>Haas Pavilion</b>	
<b>March 9, 2007</b>	

The women's gymnastics team put on one of their best performances this season, notching a 194.575, to defeat both Air Force and Penn at Haas Pavilion. Penn finished the competition second with its score of 191.225 and Air Force fell in third with its score of 183.500. Sophomore Jessica Kelley won the all-around competition with her career-best score of 39.125. She posted a 9.750 on the vault, 9.775 on both the bars and beam and a 9.825 on the floor. For the fourth straight meet the Golden Bears notched over a 48.700 on the vault. Cal scored a season-high 48.850 in tonight's tri-meet. On her senior night, Isabel Garcia scored Cal's first 9.925 on the event since 2004. Junior Siobhan Luce matched her career-high in the event with a 9.850. Freshman Sophia Hocini collected a career-high 9.625. The Bears continued their magic on the bars, posting a season-high 49.000. Sophomore Lydia Williams scored a 9.900, first since last year when Brittany Pittullo notched the high mark. Scoring their season-highs on the bars were Kelley (9.775), Nicki Wells (9.800) and Luce (9.800). On the beam, Kelley recorded her career-high of 9.775, while sophomore Tiffany Tam tallied a season-high 9.625. Three Bears scored their career-best on the floor, Allison Szutu (9.775), Glass (9.825) and Garcia (9.875).

<b>Meet Eight</b>	
<b>Denver (17)</b>	<b>196.100</b>
<b>California</b>	<b>193.875</b>
<b>BYU (22)</b>	<b>193.800</b>
<b>March 16, 2007</b>	

With seven-time Olympic medalist Shannon Miller in the audience, the California Golden Bears recorded their first upset in three years, defeating No. 22 BYU, 193.875-193.800. However the Bears fell to No. 17 Denver 196.100-193.875 in Denver, Colo. Sophomore Jessica Kelley led the Golden Bears in the all around for the second straight meet, finishing with a 38.975 and in second place. Kelley notched a 9.750 on the vault, 9.750 on the bars, 9.650 on the beam and 9.825 on the floor. Also in the all around was sophomore Bridgette Glass, matching her career-high of 38.900. The Bears continued their dominance on the vault, with five gymnasts scoring a 9.750 or higher. Glass scored a team-high 9.825 on the vault. After scoring a 49.000 on the bars in last weekend's meet, Cal almost hit that mark again, recording a 48.950 on the event. All six gymnasts scored a 9.750 or higher, with both junior Nicki Wells and sophomore Lydia Williams collecting a 9.825. Wowing the judges again on the floor was senior Isabel Garcia, as she scored a 9.825 in tonight's meet. Kelley also notched a 9.825 in the event.

<b>Meet Nine</b>	
<b>California</b>	<b>191.725</b>
<b>Air Force</b>	<b>185.600</b>
<b>March 18, 2007</b>	

The California women's gymnastics team defeated Air Force, 191.725-185.600 in Colorado Springs, Colo. Sophomore Jessica Kelley won her second individual all-around title, by scoring a 38.825 in today's competition. Kelley notched a 9.800 on the vault, 9.650 on the bars, 9.650 on the beam and a 9.725 on the floor. The Bears continued to post their best scores on the vault, recording a 48.875 team score today. Freshman Sophia Hocini collected her season-best mark on the event of 9.875, winning the individual vault title. Junior Allison Szutu scored a 9.775, finishing third. As senior Isabel Garcia followed in fourth (9.750) and junior Siobhan Luce in fifth (9.675). Sophomore Lydia Williams won the bar individual title with her team-high 9.825 against the Falcons. Sophomore Tiffany Tam also won the individual beam title with her season-best score of 9.675.

## 2007 California Women's Gymnastics Meet Recaps

### Meet Ten

California	196.500
Sacramento State	195.150
San Jose State	194.500
UC Davis	193.150

Arc Pavilion  
March 23, 2007

With a berth into the West Regional on the line the California Golden Bears notched a near perfect performance recording the second-best team score in school history of 196.500. The score from tonight's meet fits second in the schools record book, behind the 196.800 the Bears notched against Ball State on March 12, 2004. Cal won the meet, finishing second was Sacramento State with a 195.150. San Jose State (194.500) and UC Davis (193.150) rounded out the competition in third and fourth respectively. Sophomore Jessica Kelley scored a career best in the all-around of 39.450, winning the competition. The Los Altos native collected a 9.800 on the vault, 9.875 on the bars, 9.900 on the beam and a 9.775 on the floor. Kelley's teammate Siobhan Luce also notched her career high in the event of 39.225. Luce scored a 9.775 on the vault, 9.800 on the bars, 9.875 on the beam and a 9.775 on the floor. The Bears got off to a powerful start posting a 49.225 on the beam in the first rotation. Cal was only a quarter of a point off matching the school record on the apparatus. The Bear notched a 49.300 on March 6, 2004 at Utah State. In today's meet five gymnasts scored their career-highs. The mark was the fourth best in school history. Freshman Sophia Hocini started the rotation off on the beam with her career-high of 9.725. Sophomore Tiffany Tam also notched her career best of 9.825. Luce scored the first 9.875 on the beam since Lauren Shipp posted the number in 2005. Also on the beam, Kelley scored her first 9.900 as a Golden Bear on the beam. Sophomore Bridgette Glass also matched her career high of 9.900 on the beam. Cal continued its momentum on the floor during the second rotation, notching a season high 49.100. Kelley (9.875), Luce (9.775) and senior Justine Cephus (9.825) all scored their career-highs in the event. Junior Allison Szutu matched her career high on the floor of 9.800, while senior Elyse Wong matched her season-high of 9.725. On the vault, Kelley matched her career high of 9.800 she scored last weekend against Air Force. Senior Isabel Garcia scored a 9.825 third time this season. The Bears scored the third best mark in school history of 49.325 on the bars. Sophomore Joanna Bennett got the Bears going on the bars, notching her season best mark of 9.850. Glass scored her career high of 9.900 on the bars. Kelley also set her career high of 9.875 in tonight's meet, while Luce matched her season best mark of 9.800. For the second week in a row, sophomore Lydia Williams also scored a 9.900 on the bars.

### Meet 11

#### Pac-10 Championships

Wells Fargo Arena  
March 31, 2007

The California women's gymnastics team wrapped up the Pac-10 Championship with a 193.650, in seventh place in Tempe, Ariz., on Saturday evening. UCLA won the championship with a final score of 197.200. Jessica Kelley finished the all around in 16th place after scoring a 38.900 in the event. Kelley vaulted a 9.800, collected a 9.750 on the bars, 9.625 on the beam and a 9.725 on the floor. Siobhan Luce scored a 38.525 in the all-around. Cal got off to a good start on the vault, posting a 48.825. Kelley matched her career-high on the vault of 9.800. She has notched the mark for the last three consecutive meets. Isabel Garcia hit a 9.800, as freshman Sophia Hocini scored a 9.775. The Bears struggled a bit on the bars. However sophomore Lydia Williams continued her success on the event scoring a 9.850, tying for 10th place. Kelley and sophomore Bridgette Glass each scored a 9.750 on the apparatus. On the beam, Hocini notched her career-best of 9.750. Junior Keiko Nakamura scored her season high on the beam of 9.650. Cal continued its strength on the floor collecting a 48.650 team score. Garcia scored a team high 9.775 in the event. Senior Elyse Wong matched her season high of 9.725, as both Kelley and junior Allison Szutu also recorded a 9.725.



## Joanna Bennett

So. • 5-7  
Healdsburg, Calif.

2007: Scored her season-high 9.850 on the bars at the UC Davis quad meet (3/23) ... Notched a 9.750 on the bars at Denver, BYU (3/16) ... Collected a 9.725 on the bars against Penn, Air Force (3/9) ... Notched a 9.700 on

the bars and a career-high of 9.725 on her first collegiate attempt on the beam against Arizona (3/2) ... At Oregon State (1/19) scored a career-high 9.650 on the vault, a 9.750 on the bars and a career-high of 9.700 on the floor.

### JOANNA BENNETT 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	9.650	9.750	--	9.700	--
Stanford	--	--	--	--	--
at Arizona State	--	--	--	--	--
Washington	--	--	--	--	--
at UCLA	--	--	--	--	--
Arizona	--	9.700	<b>9.725</b>	--	--
Air Force/Penn	--	9.725	--	--	--
Denver/BYU	--	9.750	8.450	--	--
Air Force	--	9.500	9.100	--	--
UCD/SS/SJS	--	<b>9.850</b>	--	--	--
Pac-10 Champ.	--	8.975	--	--	--
<b>Season Best</b>	<b>9.650</b>	<b>9.850</b>	<b>9.725</b>	<b>9.700</b>	--
<b>Career Best</b>	<b>9.650</b>	<b>9.875</b>	<b>9.725</b>	<b>9.700</b>	--



## Justine Cephus

Sr. • 5-6  
Los Angeles, Calif.

2007: Notched a 9.675 on the floor at the Pac-10 Championships (3/31) ... Scored her career-high on the floor of 9.825 at the UC Davis quad meet (3/23) ... Matched her career-high of 9.625 on the vault at Air Force

(3/18) ... Scored a 9.600 on the floor against Penn, Air Force (3/9), also vaulted a 9.575 in an exhibition ... Scored a 9.575 on the vault at UCLA quad meet (2/25) ... Notched a 9.800 on the floor against Washington (2/18), and a 9.575 on the vault ... Collected a 9.700 on the floor at the UNO Classic (2/9) ... Tallied a 9.525 the vault, a season-high on the beam (9.650) and floor (9.725) against Stanford (2/4) ... Scored a 9.100 on the beam and 9.000 on the floor at Oregon State (1/19).

### JUSTINE CEPHUS 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	--	--	9.100	9.000	--
Stanford	9.525	--	<b>9.650</b>	9.725	--
at Arizona State	8.950	--	9.250	9.700	--
Washington	9.575	--	9.300	9.800	--
at UCLA	9.575	--	--	--	--
Arizona	--	--	--	--	--
Air Force/Penn	--	--	8.750	9.600	--
Denver/BYU	--	--	--	9.625	--
Air Force	<b>9.625</b>	--	--	9.625	--
UCD/SS/SJS	--	--	--	<b>9.825</b>	--
Pac-10 Champ.	--	--	--	9.675	--
<b>Season Best</b>	<b>9.625</b>	--	<b>9.650</b>	<b>9.825</b>	--
<b>Career Best</b>	<b>9.625</b>	<b>7.800</b>	<b>9.750</b>	<b>9.825</b>	--



## Isabel Garcia

Sr. • 5-2

Fair Oaks, Calif.

**2007:** Notched a 9.800 on the vault and 9.775 on the floor at the Pac-10 Championships (3/13) ... Scored a 9.825 on both the vault and floor at the UC Davis quad meet (3/23) ... Collected a 9.750 on the vault and 9.725

on the floor at Air Force (3/18) ... Scored a 9.750 on the vault and a 9.825 on the floor at Denver, BYU (3/16) ... Scored a career-high 9.925 on the vault, and a career-high of 9.875 on the floor against Penn, Air Force (3/9) ... Posted a 9.750 on the vault against Arizona (3/2), also scored a 9.850 on the floor ... Notched a 9.875 on the vault at the UCLA quad meet (2/25), also scored a 9.600 on the floor ... Scored a 9.825 on the vault against Washington (2/18), and a 9.775 on the floor ... Notched a 9.725 on the vault and a 9.500 on the floor at the UNO Classic (2/9) ... Collected a 9.750 on the vault against Stanford (2/4) ... Scored a 9.825 on the vault at Oregon State (1/19), also posted a 9.500 on the beam and a season-high 9.775 on the floor.

### ISABEL GARCIA 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	9.825	--	<b>9.500</b>	9.775	--
Stanford	9.750	--	8.800	9.700	--
at Arizona State	9.725	--	--	9.500	--
Washington	9.825	--	--	9.775	--
at UCLA	9.875	--	--	9.600	--
Arizona	9.750	--	--	9.850	--
Air Force/Penn	<b>9.925</b>	--	--	<b>9.875</b>	--
Denver/BYU	9.750	--	--	9.825	--
Air Force	9.750	--	--	9.725	--
UCD/SS/SJS	9.825	--	--	9.825	--
Pac-10 Champ.	9.800	--	--	9.775	--
<b>Season Best</b>	<b>9.925</b>	--	<b>9.500</b>	<b>9.875</b>	--
<b>Career Best</b>	<b>9.925</b>	--	<b>9.725</b>	<b>9.875</b>	--



## Bridgette Glass

So. • 5-0

Oakley, Calif.

**2007:** Scored a 9.750 on the vault and bars at the Pac-10 Championships (3/31) ... Matched her career-high of 9.900 on the beam at the UC Davis quad meet (3/23), also scored her career-high of 9.900 on the bars ... Scored

a 38.00 in the all-around competition at Denver, BYU (3/16) ... Notched a 38.700 in the all around against Penn, Air Force (3/9), including a career-high of 9.825 on the floor ... Scored a career-high 9.875 on the vault against Arizona (3/2), also scored the Bears' first 9.9 on the beam since 2004 and was marked with a 9.650 on the floor ... In her first collegiate all-around competition, she notched a 38.950 finishing fourth at the UCLA quad meet (2/25), posted 9.850 on the bars and a 9.550 on the floor ... Collected a 9.675 on the vault and also a 9.800 on the beam against Washington (2/18) ... Tallied a 9.650 on the vault at the UNO Classic (2/9) ... Notched a 9.300 on the beam against Stanford, also scored a 9.650 on the bars ... Scored a 9.625 on the vault at Oregon State (1/19), also posted a 9.725 on the bars.

### BRIDGETTE GLASS 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	9.625	9.725	--	--	--
Stanford	9.075	9.650	9.300	--	--
at Arizona State	9.650	9.175	9.175	--	--
Washington	9.675	9.400	9.800	--	--
at UCLA	9.825	9.850	9.725	9.550	<b>38.950</b>
Arizona	<b>9.875</b>	9.300	<b>9.900</b>	9.650	38.725
Air Force/Penn	9.800	9.300	9.775	<b>9.825</b>	38.700
Denver/BYU	9.825	9.775	9.750	9.550	38.900
Air Force	9.725	<b>9.900</b>	<b>9.900</b>	--	--
UCD/SS/SJS	9.750	9.750	9.250	--	--
Pac-10 Champ.	9.750	9.750	9.250	--	--
<b>Season Best</b>	<b>9.875</b>	<b>9.900</b>	<b>9.900</b>	<b>9.825</b>	<b>38.950</b>
<b>Career Best</b>	<b>9.875</b>	<b>9.900</b>	<b>9.900</b>	<b>9.825</b>	<b>38.950</b>



## Sophia Hocini

Fr. • 5-2  
Murrieta, Calif.

**2007:** Set her career-high on the beam of 9.750 at the Pac-10 Championship (3/31) ... Scored a 9.725 on both the vault and beam at the UC Davis quad meet (3/23) ... Notched her career-best on the vault at Air Force (3/18)

... Collected a 9.775 on the vault at Denver, BYU (3/16) ... Against Air Force, Penn (3/9) notched a 9.625 on the vault ... In first collegiate vault attempt scored a 9.575 on the vault.

### SOPHIA HOCINI 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	--	--	--	--	--
Stanford	--	--	--	--	--
at Arizona State	--	--	--	--	--
Washington	--	--	--	--	--
at UCLA	--	--	8.675	--	--
Arizona	9.575	--	9.150	--	--
Air Force/Penn	9.625	--	--	--	--
Denver/BYU	9.775	--	--	--	--
Air Force	<b>9.875</b>	--	8.950	--	--
UCD/SS/SJS	9.725	--	9.725	--	--
Pac-10 Champ	9.775	--	<b>9.750</b>	--	--
<b>Season Best</b>	<b>9.875</b>	--	<b>9.750</b>	--	--
<b>Career Best</b>	<b>9.875</b>	--	<b>9.750</b>	--	--



## Jessica Kelley

So. • 5-3  
Los Altos, Calif.

**2007:** Notched a 38.900 in the all around at the Pac-10 Championships (3/31) ... Won her third all around title with her career-best score of 39.450, the highest since 2004 at the UC Davis quad meet (3/23), matched her career-

best on the vault of 9.800, scored a 9.875 (career-high) on the bars, 9.900 (career-best) on the beam and 9.875 (career-high) on the floor ... Won the all-around title with her score of 38.825 at Air Force (3/18), also set a new career-high on the vault of 9.800 ... Finished second in the all-around competition at Denver, BYU (3/16), with her score of 38.975 ... Scored her a 39.125 in the all-around against Penn and Air Force (3/9), including a 9.775 on the beam ... Posted a 9.850 on the floor against Arizona (3/2), also notched a 9.775 on the vault ... Scored a 9.650 on the vault at the UCLA quad meet (2/25) ... Collected a 38.450 in the all-around (third) against Washington (2/18), also posted a 9.650 on the vault and a 9.675 on the bars and 9.850 on the floor ... Posted a 9.750 on the beam at the UNO Classic (2/9) ... In the all-around competition at Oregon State (1/19) posted a 38.625, scored a 9.475 on the vault, 9.650 on the bars and a 9.650 on beam and 9.850 on the floor.

### JESSICA KELLEY 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	9.475	9.650	9.650	9.850	38.625
Stanford	--	9.050	--	--	--
at Arizona State	--	9.550	9.750	--	--
Washington	9.650	9.675	9.275	9.850	38.450
at UCLA	9.650	9.200	9.725	9.725	38.300
Arizona	9.775	9.175	9.675	9.850	38.475
Air Force/Penn	9.750	9.775	9.775	9.825	39.125
Denver/BYU	9.750	9.750	9.650	9.825	38.975
Air Force	<b>9.800</b>	9.650	9.650	9.725	38.825
UCD/SS/SJS	<b>9.800</b>	<b>9.875</b>	<b>9.900</b>	<b>9.875</b>	<b>39.450</b>
Pac-10 Champ	<b>9.800</b>	9.750	9.575	9.725	38.900
<b>Season Best</b>	<b>9.800</b>	<b>9.875</b>	<b>9.900</b>	<b>9.875</b>	<b>39.450</b>
<b>Career Best</b>	<b>9.800</b>	<b>9.875</b>	<b>9.900</b>	<b>9.875</b>	<b>39.450</b>



## Siobhan Luce

**Jr. • 5-5**  
**Reno, Nev.**

**2007:** Collected a 38.525 in the all-around competition at the Pac-10 Championships (3/31), including a 9.775 on the bars ... Notched her career-best score in the all-around of 39.225 at the UC Davis quad meet (3/23), notched career-highs on the beam (9.875) and floor (9.775) ... Recorded a 9.675 on the vault and 9.625 on the floor against Air Force (3/18) ... Scored a 9.775 on the bars at Denver, BYU (3/16) ... Scored her season-high of 9.800 on the bars against Penn, Air Force (3/9) ... Recorded a 39.075 in the all-around competition against Arizona (3/2), also scored a 9.800 on the beam and a 9.750 on the floor ... Scored a 38.000 in the all-around at the UCLA quad meet (2/25) ... Notched a 38.925 in the all-around competition against Washington (2/18), also matched her career-high on the vault (9.850) and posted a 9.675 on the beam and a 9.700 on the floor ... Recorded a 9.650 on the vault and 9.700 on the bars at the UNO Classic (2/9) ... Notched a 9.775 on the bars, a 9.675 on the beams and 9.600 on the floor against Stanford (2/4), helping her earn a 38.600 all-around total ... Scored a 9.700 on the vault, 9.650 on the bars and 9.350 on the beam at Oregon State (1/19).

### SIOBHAN LUCE 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	9.700	9.650	9.350	--	--
Stanford	9.550	9.775	9.675	9.600	38.600
at Arizona State	9.650	9.700	9.575	8.950	37.875
Washington	<b>9.850</b>	9.700	9.675	9.700	38.925
at UCLA	9.675	9.725	9.600	9.000	38.000
Arizona	9.775	9.750	9.800	9.750	39.075
Air Force/Penn	<b>9.850</b>	<b>9.800</b>	9.100	9.625	38.375
Denver/BYU	9.525	9.775	9.200	--	--
Air Force	9.675	9.000	8.650	9.625	36.950
UCD/SS/SJS	9.775	<b>9.800</b>	<b>9.875</b>	<b>9.775</b>	<b>39.225</b>
Pac-10 Champ	9.475	9.775	9.575	9.700	38.525
<b>Season Best</b>	<b>9.850</b>	<b>9.800</b>	<b>9.875</b>	<b>9.775</b>	<b>39.225</b>
<b>Career Best</b>	<b>9.850</b>	<b>9.825</b>	<b>9.875</b>	<b>9.775</b>	<b>39.225</b>



## Keiko Nakamura

**Jr. • 4-11**  
**Chula Vista, Calif., Calif.**

**2007:** Notched a season-high 9.650 on the beam at the Pac-10 Championships (3/31) ... Scored a 9.750 in an exhibition at the UC Davis quad meet (3/23) ... Notched a 9.575 on the beam at Air Force (3/18) ... Posted a 9.225 on the beam at Oregon State (1/19).

### KEIKO NAKAMURA 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	--	--	9.225	--	--
Stanford	--	--	9.100	--	--
at Arizona State	--	--	9.175	--	--
Washington	--	--	9.175	--	--
at UCLA	--	--	--	--	--
Arizona	--	--	--	--	--
Air Force/Penn	--	--	--	--	--
Denver/BYU	--	--	--	--	--
Air Force	--	--	9.575	--	--
UCD/SS/SJS	--	--	--	--	--
Pac-10 Champ	--	--	<b>9.650</b>	--	--
<b>Season Best</b>	--	--	<b>9.650</b>	--	--
<b>Career Best</b>	--	--	<b>9.725</b>	--	--



## Allison Szutu

**Jr. • 5-3**  
**Castro Valley, Calif.**

**2007:** Scored a 9.700 on the vault and 9.725 on the floor at the Pac-10 Championships (3/31) ... Matched her career-high of 9.800 on the floor at the UC Davis quad meet (3/23) ... Scored a 9.775 on the vault, 9.675

on the bars and 9.600 on the floor at Air Force (3/18) ... Notched a career-high 9.800 on the floor at Denver, BYU (3/16), also scored a 9.775 on the vault ... Scored a 9.775 on the floor against Penn, Air Force (3/9) ... Scored a 9.650 on the vault and a 9.675 on the floor against Arizona (3/2) ... Notched her career-high on the vault of 9.850 at the UCLA quad meet (2/25) ... Scored a 9.450 on the vault against Washington (2/18), tabbed her best score since her freshman season on the bars (9.700) and set her season-best on the floor (9.675) ... Notched a 9.625 on the floor at the UNO Classic (2/9) ... Scored a 9.675 on the vault at Oregon State (1/19).

### ALLI SZUTU 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	9.675	--	--	--	--
Stanford	9.525	--	--	9.375	--
at Arizona State	9.475	--	--	9.625	--
Washington	9.775	<b>9.700</b>	--	9.675	--
at UCLA	<b>9.850</b>	9.625	--	9.625	--
Arizona	9.650	9.175	--	9.675	--
Air Force/Penn	9.200	--	--	9.775	--
Denver/BYU	9.775	--	--	<b>9.800</b>	--
Air Force	9.775	9.675	--	9.600	--
UCD/SS/SJS	9.600	--	--	<b>9.800</b>	--
Pac-10 Champ	9.700	--	--	9.725	--
<b>Season Best</b>	<b>9.850</b>	<b>9.700</b>	--	<b>9.800</b>	--
<b>Career Best</b>	<b>9.850</b>	<b>9.775</b>	<b>9.625</b>	<b>9.800</b>	<b>38.700</b>



## Tiffany Tam

**So. • 5-4**  
**San Jose, Calif.**

**2007:** Scored her career-best on the beam (9.825) at the UC Davis quad meet (3/23) ... Recorded a 9.675 on the beam at Air Force (3/18) ... Notched a 9.675 on the beam at Denver, BYU (3/16) ... Recorded a 9.625 on

the beam against Penn, Air Force (3/9) ... Collected a 9.050 on the beam against Washington (2/18).

### TIFFANY TAM 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	--	--	8.900	--	--
Stanford	--	--	--	--	--
at Arizona State	--	--	--	--	--
Washington	--	--	9.050	--	--
at UCLA	--	--	--	--	--
Arizona	--	--	--	--	--
Air Force/Penn	--	--	9.625	--	--
Denver/BYU	--	--	9.675	--	--
Air Force	--	--	9.675	--	--
UCD/SS/SJS	--	--	<b>9.825</b>	--	--
Pac-10 Champ	--	--	9.150	--	--
<b>Season Best</b>	--	--	<b>9.825</b>	--	--
<b>Career Best</b>	--	--	<b>9.825</b>	--	--



## Nicki Wells

Jr. • 5-4

**Auckland, New Zealand**

**2007:** Posted a season-high of 9.825 on the bars at Denver, BYU (3/16) ... Collected a 9.800 on the bars against Penn, Air Force (3/9) ... Notched her season-best on the floor of 9.700 against Arizona (3/2) ... Scored

a 9.750 on the bars against Washington (2/18) ... Matched her season-high on the vault (9.450) and posted a 9.600 on the floor at the UNO Classic (2/9), also notched a 9.650 on bars ... Scored a 9.450 on the vault, 9.225 on the bars and 9.575 on the floor against Stanford (2/4) ... Collected a 9.200 on the bars and 9.600 on the floor at Oregon State (1/19).

### NICKI WELLS 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	--	9.200	--	9.600	--
Stanford	<b>9.450</b>	9.225	--	9.575	--
at Arizona State	<b>9.450</b>	9.650	--	9.600	--
Washington	--	9.750	--	8.750	--
at UCLA	--	9.200	--	9.575	--
Arizona	--	--	--	<b>9.700</b>	--
Air Force/Penn	--	9.800	--	--	--
Denver/BYU	--	<b>9.825</b>	--	--	--
Air Force	--	9.175	--	--	--
UCD/SS/SJS	--	9.375	--	--	--
Pac-10 Champ.	--	9.200	--	--	--
<b>Season Best</b>	<b>9.450</b>	<b>9.825</b>	--	<b>9.700</b>	--
<b>Career Best</b>	<b>9.700</b>	<b>9.850</b>	<b>9.725</b>	<b>9.825</b>	<b>38.625</b>



## Lydia Williams

So. • 5-7

**Toronto, Canada**

**2007:** Scored a 9.850 on the bars at the Pac-10 Championships (3/31) ... Matched her career-high of 9.900 on the bars at the UC Davis quad meet (3/23) ... Notched a 9.825 on the bars at Air Force (3/18) ... Posted a

9.825 on the bars at Denver, BYU (3/16) ... First scored her career-best 9.900 on the bars against Penn, Air Force (3/9) ... Collected a 9.850 on the bars against Arizona (3/2) ... Notched a 9.825 on the bars at the UCLA quad meet (2/25) ... Scored a 9.325 on the bars against Washington (2/18).

### LYDIA WILLIAMS 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	--	--	--	--	--
Stanford	--	9.100	--	--	--
at Arizona State	--	9.200	--	--	--
Washington	--	9.325	--	--	--
at UCLA	--	9.825	<b>7.650</b>	--	--
Arizona	--	9.850	--	--	--
Air Force/Penn	--	<b>9.900</b>	--	--	--
Denver/BYU	--	9.825	--	--	--
Air Force	--	9.825	--	--	--
UCD/SS/SJS	--	<b>9.900</b>	--	--	--
Pac-10 Champ	--	9.850	--	--	--
<b>Season Best</b>	--	<b>9.900</b>	--	--	--
<b>Career Best</b>	<b>9.500</b>	<b>9.900</b>	<b>9.800</b>	<b>9.400</b>	<b>37.875</b>



# Elyse Wong

Sr. • 5-7

Honolulu, Hawaii

**2007:** For the second straight meet matched her season-best 9.725 on the floor at the Pac-10 Championships (3/31) ... Matched her season-best of 9.725 on the floor at the UC Davis quad meet (3/23) ... Posted a 9.475

on the floor and 9.450 on the beam at Air Force (3/18) ... Scored a 9.650 on the floor at Denver, BYU (3/16) ... Notched a 9.425 on the beam against Penn, Air Force (3/9) ... Scored a 9.650 on the beam at the UCLA quad meet (2/25) ... Posted her season-highs of 9.325 on the bars and 9.725 on the beam at the UNO Classic (2/9) ... Notched a 9.275 (bars), 9.025 (beam) and 9.725 on the floor against Stanford (2/4) ... Scored a 9.125 on the bars and 9.675 on the floor at Oregon State (1/19).

### ELYSE WONG 2007 SEASON RESULTS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at Oregon State	--	9.125	--	9.675	--
Stanford	--	9.275	9.025	<b>9.725</b>	--
at Arizona State	--	<b>9.325</b>	<b>9.725</b>	9.625	--
Washington	--	--	--	--	--
at UCLA	--	--	9.650	--	--
Arizona	--	--	9.225	--	--
Air Force/Penn	--	--	9.425	--	--
Denver/BYU	--	--	9.050	9.650	--
Air Force	--	--	9.450	9.475	--
UCD/SS/SJS	--	--	9.025	<b>9.725</b>	--
Pac-10 Champ.	--	--	--	<b>9.725</b>	--
<b>Season Best</b>	--	<b>9.325</b>	<b>9.725</b>	<b>9.725</b>	--
<b>Career Best</b>	<b>9.700</b>	<b>9.125</b>	<b>9.725</b>	<b>9.875</b>	--

## **Bear's Pac-10 Drought Hangs in the Balance**

BY Matt Kawahara, The Daily Californian

Friday, January 19, 2007

In search of its first Pac-10 victory since 2004, the Cal women's gymnastics team opens its season Friday evening against Oregon State, which began the season ranked No. 12 after reaching the NCAA Championships last year.

But if the Bears stick to their new philosophy, they will perform as if the Beavers aren't even there.

"We've been treating each practice like it's a competition, and when we go into competition we're going to treat it like it's an everyday practice," coach Cari DuBois said.

Whether the new outlook will translate into victories remains to be seen. Despite an 8-12 record last year, Cal went 0-6 in the Pac-10 and hasn't had a conference win since Jan. 30, 2004, when it beat OSU at Haas Pavilion.

Still, the Bears are confident to start the season.

"I think this should be a good first meet," senior Justine Cephus said. "Oregon State's always good, and we may be ranked below them, but I think we're more prepared this year than we have been in the past."

That confidence is the result of an experienced squad and a strong offseason work ethic. 14 gymnasts are returning from last year, 11 of whom stayed and trained in Berkeley over the summer.

"I feel like we never had to take a step back," DuBois said. "We were able to continue building on where we ended last year."

Beating the Beavers would be a major step forward for a rejuvenated Cal squad that has had its share of defeat and injury in recent years.

"It's not so much an intimidation factor as it is a motivating factor," junior Keiko Nakamura said of facing OSU. "Our team's very strong this year, and we're looking to go out and surprise a few people."

A Bears victory tonight would open some eyes, as OSU has dominated the all-time series 23-4.

The Beavers are currently ranked No. 21, having dropped nine spots after losing to No. 3 Florida, 196.850-193.800, in their season opener. They are led by a talented group of sophomores, including 2006 Pac-10 Freshman of the Year Jami Lanz, who scored a 39.125 in the all-around against Florida. DuBois will look to her own sophomore class to counter.

"We had some freshmen last year that weren't really able to reach their full potential," DuBois said. "I think our sophomores will really rise to the occasion."

That may be especially true for sophomores Jessica Kelley, who led the Bears with an average score of 38.5583 in the all-around last year, and Joanna Bennett, whose 9.6417 average on the bars was good for second on the team.

But if Cal is going to end its Pac-10 dry spell Friday, it will have to do so at Oregon State's Gill Coliseum, where the Bears have never won a meet.

## **New Season All About New Potential**

BY Matt Kawahara, The Daily Californian

Tuesday, January 23, 2007

Following the Cal women's gymnastics team's season opener at Oregon State on Friday, several opposing coaches and spectators approached fifth-year coach Cari DuBois and told her that her team looked better than ever.

It was like they were quoting DuBois' words right back to her.

"Right now I feel like we're in the best situation that we've been in at this time of the year since I've been here," DuBois said in practice earlier that week.

That may seem like a loaded statement coming from a coach who led the Bears to consecutive top-five finishes at the West Regionals in 2003 and 2004. But there's no doubt among the athletes that 2007 carries tremendous potential.

"We're a lot stronger and healthier this year," junior Keiko Nakamura said. "We've done a lot of work in the preseason to get ready for competition, and I think that, overall, we're just a healthier, stronger team."

Cal (0-1) is looking relatively healthy to begin the year, compared to recent seasons during which the Bears have had trouble at times fielding a full squad for competition. All competitors at the OSU meet had previous meet experience, and sophomore Lydia Williams and freshmen Sophia Hocini and Nicole Day are expected to contribute when they return from injuries in early to mid-February.

Furthermore, the Bears showed a new level of commitment in their offseason training. Eleven of the 14 returning players trained in Berkeley over the summer, while the entire team went through a rigorous fall program.

"We've basically picked up where we ended last year," sophomore all-arounder Jessica Kelley said. "We've improved so much this year, and we just have some nitpicky mistakes that can be cleaned up really easily."

In question is whether the new strength of the Cal team will be enough to cope with the strength of its schedule. The Pac-10 ranks among the nation's most competitive conferences, boasting two top-10 teams, No. 4 Stanford and No. 6 UCLA, and four teams currently ranked in the top 20.

The Bears, who garnered votes in the preseason coaches poll but began the season unranked, also have nonconference matchups against No. 8 Oklahoma, No. 11 Denver, and No. 25 BYU.

The quality of the competition calls for Cal to step up its game, and DuBois thinks that improvement can be made in a few specific areas.

"It'll vary from individual to individual," DuBois said. "Some of them need confidence-building, some of them need fine-tuning. It will depend on the event, as well."

On the uneven bars, the Bears will attempt to eliminate short handstands and steps on dismounts. The team will also work on developing confidence and consistency on beam.

Cal posted impressive scores in the vault and floor at Oregon State, but DuBois will push for further improvement in those events by upgrading the team's vault values and the presentation component of its floor routines.

With a full two weeks before their next match, the Bears have the time to make progress. DuBois believes they have the drive, as well.

"I loved hearing them in the back of the van (coming back from OSU)," DuBois said. "They were like, 'I'm going to work on this and I want to upgrade this.' They're motivated. They want it. I'm looking forward to the rest of the season."

## **Bears Claim to be at 'Best Point of Season', Head Into Meet With No. 17 Arizona**

BY Nicole Baudouin, The Daily Californian

Friday, March 2, 2007

With four weeks until the Pac-10 championships, things are coming together at the right time for Cal women's gymnastics team.

Although the Bears finished third- behind No. 6 UCLA and then-No. 11 Denver in last weekend's quad meet, they defeated Cal State Fullerton 192.450-191.925.

The result gave Cal (1-4) its first win of the season and momentum going into its meet tonight with No. 17 Arizona at 7:30 p.m. at Haas Pavilion.

"I'm definitely excited for this weekend," Bears coach Cari DuBois said. "I think we are at our best point, our best shape so far of season. We've got consistency, I think we are getting there. Patience is the name of the game."

Cal posted several team highs in the last meet, among them, vault. The 48.875 was a new season high, and included three Bears hitting new career highs. Isabel Garcia, Cal's leader in the event, posted a 9.875. The senior has now scored above a 9.700 in the event in 13 consecutive meets, dating back to Feb. 10, 2006.

The Bears also notched season highs on the uneven bars and the balance beam last weekend. Despite all the success, there will still be changes in the team competing.

"You'll see a different lineup again," DuBois said. "People are getting experience. It is just a question of getting in there, getting back in the mode. We haven't had the same lineup in any meet so far."

In an effort to get more experience into the lineup, different faces may be competing in some events.

"Joanna (Bennett) will be on the balance beam and Sophia (Hocini) might be also. It is nice to be able to switch people around," DuBois said. "Sophia may compete in the vault, we haven't decided the lineup yet. We are hopefully going to work in some more difficult vaults."

Cal will continue to pencil in three gymnasts in the all-around competition. Bridget Glass will compete for only the second time in her career. Last week the sophomore placed fourth in her first competition.

Jessica Kelley and Siobhan Luce will also continue to compete in the all-around. Kelley reached third against Oregon State, while Luce has reached second and third place against Stanford and Washington, respectively.

Fresh off defeating in-state rival Arizona State, the Wildcats (5-2) are led by junior Karin Wurm. The young team has struggled in the season to find consistency, primarily on the parallel bars. The loss of Alexis Greene, the team's second-highest scorer, in the event due to a ruptured Achilles tendon, as well as junior Danielle Hick's inability to compete in the event due to a shoulder injury, has forced the more inexperienced members into competition.

Arizona will be getting senior Jamie Holton and sophomore Bree Workman back in the lineup, but they lost all around competitor Aubrey Kelly to a broken bone in her foot.

## **Cal Graces Its Way to Meet Victory Over Weekend**

Senior Garcia Records Highest Vault Event Score in Three Seasons

BY Nicole Baudouin, The Daily Californian

Monday, March 12, 2007

Cal's Jessica Kelley leaps in the uneven bars, earning 9.775 with the judges. The Bears recorded their top team score of the season.

As soon as she finished her vault, Isabel Garcia threw up her hands in triumph and smiled.

The senior had just completed a more difficult vault for the first time, and the entire team rushed over to congratulate her. When the score came up it only got better, as Garcia earned a career-high 9.925. It was also the highest score for Cal in the event since 2004.

"She's always been saying, 'I want to stick that vault,' so it's been due time," Bears coach Cari Dubois said. "And she rocked it tonight."

Said Garcia: "I was so excited and just happy to make it because I hadn't been able to stick it before."

Garcia's excitement set the tone for the rest of the night, as the Cal women's gymnastics team celebrated Senior Day on Friday at Haas Pavilion with a season-high 194.575 to win the meet.

The Bears were followed by Penn (11-7) with a score of 191.225 and Air Force (0-9), which was third with 183.500.

Dominant throughout the meet, Cal (2-5) won all four events both as a team and individually. Beginning the night with vault, the Bears earned a new season high and notched above a 48.700 for the fourth consecutive time. Garcia earned top individual honors, followed by Siobhan Luce and Bridgette Glass.

On the next event, the bars, sophomore Lydia Williams earned a 9.900, which gave her first place in the event. Her score helped Cal gather a 49.000 on the bars, a new season high.

"It's exciting to see them get stronger and better each week," DuBois said. "They are swinging better, sticking their landings and showing off their routines more. I'm thrilled."

Jessica Kelley and Glass were in a tie for first on beam, both earning a 9.775. The floor continued to be one of the Bears' best events, as three gymnasts each earned new career highs. Garcia and the Quakers' Marissa Rosen tied for first, followed by Kelley and Glass in another tie.

"Our floor team was great. We had mistakes on beam, but I still felt like they were cleaner and fighting instead of letting the mistakes get to them," DuBois said. "It's all the hard work paying off like it should."

In the all-around competition, Kelley earned first place with a career-high 39.125. She was followed by Rosen and Glass.

Homemade banners for each senior decorated a wall at Haas Pavilion, reminding everyone that this was their last home meet.

"It was a lot of fun, especially because we got our highest team score," senior Justine Cephus said. "It was a really great way to end the (home) season."

## Upstart Bears Snatch First Upset Victory in Three Years

BY Nicole Baudouin, The Daily Californian

Monday, March 19, 2007

Facing two teams it had already met this season, the Cal women's gymnastics team may not have been surprised to earn the same result against both. But opposite a team it had faced just once in the program's history, the outcome was unexpected.

In its first meet of the weekend, the Bears notched their first upset in three years when they edged No. 22 BYU 193.875-193.800. Cal took second place Friday, falling to No. 17 Denver, which scored a 196.100. It was the second time this season the Pioneers (11-6) defeated Cal.

"I felt like on Friday we were phenomenal, we did an excellent job," Bears coach Cari DuBois said. "We had a few falls on beam but it was our first event, and we recovered and went out and nailed next three events. I was very pleased with the way we carried ourselves and the way we performed."

After a stellar performance on the bars last weekend in which it scored a 49.000, Cal (4-6) nearly hit that mark again. The Bears earned a 48.950, and all six gymnasts scored a 9.750 or higher. Sophomore Lydia Williams, who has become one of the Cal's strongest competitors on bars, scored a 9.875, as did junior Nikki Wells. The two gymnasts tied for third in the event, the only Bears team members to place in the top three in any event. Denver took the top two spots on bars, and swept the top three in all the other events.

For the second meet in a row, Jessica Kelley led the Bears in the all-around competition, finishing second with a 39.975. Althea Boon of the Cougars earned the first all-around title of her career, scoring a 39.100. Bridgette Glass rounded out the top three, earning a 38.900.

The Bears returned to competition Sunday in the Cadet West Gym, defeating Air Force 191.600-185.600.

The meet marked the second time in eight days the Bears and the Falcons (0-10) have competed against each other. And just like the meet last weekend, Cal was dominant, taking all three spots in vault, bars, and beam.

On floor, Air Force's Abigail Rogers took the top spot, followed by five Bears gymnasts. Freshman Sophia Hocini earned her first career individual title on the vault, scoring a 9.875.

"(Sunday) we made too many mistakes," DuBois said. "We didn't execute our combinations or skills the way we should or the way we are capable of, and that hurt our start values. We gave too many chances away. I was a little disappointed, at this point in time we shouldn't be making those mistakes."

Kelley once again excelled in the all-around competition, taking first place with a 38.825. Second went to the Falcon's Sashonna Iwaniec (37.700), and in third was junior Siobhan Luce (36.950). Glass did not compete in the meet due to illness.

"Bridgette felt ill on the way to the arena, so we took her out of the competition. We don't want to take any chances."

## **Four-Way Crucial to Bears' Postseason Hopes**

Last Regular Season Meet Pits Cal Against UC Davis, Sac State And San Jose State

BY Nicole Baudouin, The Daily Californian

Friday, March 23, 2007

Jessica Kelley will help to anchor the Bears all-around performance tonight. She finished in third place in the event against Air Force last weekend with a 38.825 score.

With a berth for the NCAA regionals on the line, the Cal women's gymnastics team knows that every score counts.

Fortunately for the Bears, they are peaking at the right time.

Cal will return to Northern California to take on UC Davis, Sacramento State and San Jose State tonight at 7 p.m. in Davis, Calif.

With the Pac-10 championships a week away, the Bears (4-6) will be competing in their last regular-season meet, and every score will help the team qualify for the West Regional, which will be held at Haas Pavilion on April 14.

"This meet is pretty important," Cal coach Cari DuBois said. "We need to maintain our position. As of right now we are going to qualify for regionals, but these next two meets can still help us."

The Bears enter the meet on a wave of momentum after a successful weekend. Cal picked up two victories and one defeat, including their first upset in three years over then-No. 22 BYU.

Jessica Kelley has proven to be one of the team's top performers. The sophomore will continue to participate in the all-around competition, after placing second and first on Friday and Sunday, respectively. After a third-place finish against Air Force last weekend, junior Siobhan Luce will also continue in the all-around.

Bridgette Glass will return to the lineup, after she was held out of Sunday's meet due to illness. She will not, however, be back in the all-around. The sophomore placed third in the event during last Friday's meet.

"Bridgette has been feeling better," DuBois said, "and she will be back on three events. She will be on beam, vault and bars."

The Bears will be trying to improve what is already one of its strongest areas: the vault.

"This will be our first meet with six 10-vaults," DuBois said. "We have been building each week, but we have had some mishaps or setbacks, so we haven't been able to have all of them go. But we should be competing with all six Friday."

After all the recent success the team has enjoyed, there won't be too many changes made tonight.

"We are going to stick with what we have been doing," DuBois said. "We are heading in the right direction. We had great practices all week long on every event. They are as ready as they can be."

The Aggies (8-7) have not competed in 12 days, due to final exams. In its last meet on Mar. 11, UC Davis fell to the Hornets 192.625-191.975. Ranked ninth in the West Region, the Aggies squad includes two-time Mountain Pacific Sports Federation Gymnast of the Week Andi Dolinsky.

Despite earning its highest score of the season, Sacramento State (11-3) fell to the Spartans last week 195.300-194.900. The Hornets will likely rely heavily on Mariana Borisova, who won the all-around competition against San Jose State, and was recently named Western Athletic Conference Gymnast of the Week for the second time this season.

The Spartans (7-9) have defeated UC Davis twice this season, on Jan. 12 and Feb. 23

## **Bears Sit Back And Wait on NCAA Tourney Decision**

BY Gerald Nicdao, The Daily Californian

Monday, April 2, 2007

Heading into Saturday's Pac-10 championships in Tempe, Ariz., Cal women's gymnastics coach Cari DuBois reiterated to her team that every tenth of a point counted.

That was because the Bears were one-hundredth of a point behind Sacramento State in the season standings to qualify for the sixth and final spot for the NCAA West Regional, which will be held at Haas Pavilion this year.

Despite posting a 193.650 team score—the lowest mark of the seven-team field—DuBois said that she believed Cal has done enough to receive a berth to perform on its home floor.

The official regional berths will be announced today.

"Unofficially, it looks like we knocked out a team with our regional qualifying score," DuBois said. "Even though it wasn't our best score, it beat out our lowest score, which should be enough to get us in."

A team's top six scores from the year are used to compute the regional qualifying score. The team's highest score is disregarded and the remaining five are averaged. The top six squads in each region are then invited to the NCAA regional.

Even with the optimism after the meet, DuBois said that she is still weary that the Bears may not receive a berth.

"The other teams ahead of us are at different locations, and with gymnastics being so subjective, you never know what kind of scoring you'll get (at a particular meet)," DuBois said. "In the Pac-10 meet, scoring was very tight across the board."

Sophomore Jessica Kelley and senior Siobhan Luce were the Bears' leading scorers in the meet. Kelley placed 16th in the all-around with a score of 38.900. She matched a career-high in the vault with her score of 9.800. It was the third consecutive meet in which she notched that score.

Luce placed 19th in the all-around with a score of 38.525.

Despite Kelley and Luce's performances, Cal still finished in last place for the second consecutive year. UCLA won the championship with a score of 197.200.

What may have derailed the Bears' chances of placing higher was a series of mistakes, primarily falls and awkward landings, that the team committed throughout the night.

"I think our team had a couple of mistakes here and there," Kelley said. "We were just nervous. A lot of our mistakes were due to being too nervous or too cautious."

The Bears were not as tentative in their meet a weekend before in Davis, Calif.

The team scored a 196.500 in a meet against Sacramento State, UC Davis and San Jose State on Mar. 23. Cal's score was the second-highest in school history.

"Last weekend, they were able to put it all together," DuBois said. "I've seen them do that in practice, but it wasn't until last weekend where they were actually able to put it all together on the floor."